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The Ministry of Health, Israel

Letter of Recommendation for Edward Sheldon, Ph.D.
Social Security No. 059-44-1217

To Whom It May Concern:

I am writing this letter of recommendation for Dr. Edward Sheldon, who was the Clinical Director of the Westside Counseling Center in Santa Monica, CA, where I was a psychology intern under his supervision in 1987 and 1988.

I have been licensed as a psychotherapist by the California Board of Behavioral Examiners and have been in practice since July, 1990.

I am happy to say that Dr. Sheldon's supervision was excellent in both group and individual supervision. He gave personal attention to each of his interns. He guided us to properly do intakes, take history, evaluate and diagnose. He gave particular attention to teaching us how to see a patient through different theoretical and treatment approaches, and to choose and develop a strategy that would fit both the therapist and the patient. We also learned how to properly terminate therapy.

Supervision also included working with a variety of issues, such as anxiety, depression, relationships, self-esteem, addiction, abuse, eating disorders and sexuality – for children, teens, adults, and included specialized training in working with geriatric patients. Besides working with patients at the Center, each intern was required to work with geriatric patients in local acute care facilities. He also helped us with working with therapy and support groups. Dr. Sheldon also helped us with understanding and dealing with issues of transference and counter-transference, ethics, and learning how to build and properly manage a professional practice.

Dr. Sheldon provided clinical supervision at the Westside Counseling Center for both graduate and post-graduate psychology interns from a variety of educational backgrounds, e.g., Clinical, Marriage, Family and Child Therapy, and Social Work. I highly recommend Dr. Sheldon as a supervisor, clinician and person.

Sincerely,



Nancy Angelino, M.A., MFT