

*MINDY BOXER, Ph.D., L.Ac., Dipl.Ac., D.Hom.*

*Acupuncture • Herbal Medicine • Nutrition • Homeopathy*

**To: The Ministry of Health, Israel, Psychology Board  
Letter of Recommendation for Edward Sheldon, Ph.D.**

**November 19, 2004**

**Dear Ministry of Health:**

**I am writing this letter for Dr. Edward Sheldon as a recommendation and to confirm that he was the Clinical Director and Supervisor of Integrative Health Services in Santa Monica California, from 1984 through 1990. I served on his staff as a Nutritionist during the years 1986-1988. In addition to being a nutritionist, I am currently licensed by the Medical Board of the State of California in Acupuncture and Herbal Medicine.**

**Dr. Sheldon provided weekly clinical supervision of the staff, which included psychologists, biofeedback therapists, acupuncturists, hypnotherapists, massage therapists, a nutritionist, as well as interns. Supervision would include discussing each of the patients and how we as a team could best offer integrative treatment. We would also work with the referring physician, when possible.**

**Our Medical Director, a physician, would also be at supervision meetings to offer his input and guidance regarding medical issues, as many of our patients were being treating for physiological as well as psychological diagnoses.**

**Dr. Sheldon's supervision was very helpful. He helped in evaluation and assessment of new patients, the designing of individualized treatment plans for each patient, and ongoing follow-up of treatment. He also helped the staff members with any difficulties or issues they may have had, and presented innovative approaches to treatment.**

**Dr. Sheldon is a very able clinician, both in psychology and behavioral medicine. His ability to use hypnosis has helped numerous patients who were not responding well to other treatment modalities. He is personable and relates well with patients and fellow professionals.**

**I am happy to recommend him highly.**

**Sincerely,**

  
**Mindy Boxer, Ph.D., L.Ac.**

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