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Date: November 16, 2004

To: Ministry of Health, Israel
Licensing Board

Re: Edward Sheldon, Ph.D. (Social Security #: 059-44-1217)
Letter of Supervision and Recommendation

Dear Licensing Board Members:

I first met Edward Sheldon in 1979 when he became my psychology intern as part of his Masters in Clinical Psychology program at Antioch University in Los Angeles. Dr. Harvey Mindess, who was then the Director of the program, referred Ed to me saying his academic work was excellent, and that he wanted Ed to have an internship with me so that I could evaluate the quality of his clinical work as a therapist.

Dr. Sheldon (Ed) had a good foundation for clinical work and was open to professional criticism and instruction. He became such a good clinician that, after he completed his University internship with me, I asked him to continue working for me as an intern in my private practice in Beverly Hills. He did continue to work under my supervision and he accumulated the many clinical hours required for him to take the written and oral exams demanded by the State of California, Board of Behavioral Science Examiners, to become licensed as a Marriage, Family, and Child Therapist. Three thousand hours of a variety of clinical experiences are required prior to taking this exam,

His Antioch University internship under my supervision dated from September 10, 1979 until December 21, 1979. He had other internships as part of his M.A. as well. After completing his Masters he continued his internship with me from December 23, 1979 until March 31, 1981. I believe that he held an additional internship at Beverly Center School, Los Angeles (February– August 1980) under the supervision of its clinical director.

Upon his licensure in March 1981, Ed continued to utilize my services as his supervisor. He began his Ph.D. program in June 1982 at International College and our supervisor-supervisee relationship was basically ended unless and until he found himself with a very difficult client/case. Then, like all responsible practitioners, he sought assistance and supervision from me and others. He has been successful and shown a deep sense of integrity in his work as a therapist. He has shown a great deal of empathy for people and their problems and skill at helping them improve their life situations.

It is important to note that although my original supervision with Dr. Sheldon was in the area of Clinical Psychology and Marriage, Family and Child therapy, after he received his license he became an acknowledged specialist in medical hypnosis and behavioral medicine.

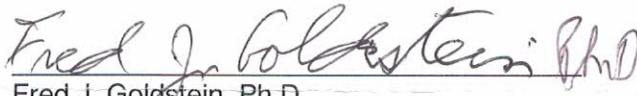
My specific observations of Ed's clinical practice encompasses the following:

- *Excellence in the intake stage in which he very quickly identified the underlying problems for his patients and began implementing a treatment plan from the first session.
- *Competent at testing although this was not his area of interest at the time.
- *Theoretical position was holistic and included the systems' approach as well as psychodynamics and behavioral work.
- *Both as a therapist and later as a supervisor for other interns and psychology assistants, Ed considered the patients and their personalities, the problems to

be dealt with and the skills of the clinician (including his own) in building a treatment plan that could, and usually did, lead to success for the patients.
*As he grew in his clinical work, he began working with medical doctors and entire range of health professionals and fit in quite well as a colleague and as a contributor to the team.
*Ed is a skilled diagnostician, a skilled hypnotist, teacher and supervisor.
*He is also highly ethical, professional, intelligent, dedicated and compassionate in his dealings with patients and all people.

Dr. Sheldon worked primarily with patients experiencing anxiety, depression, problems in relationships, with intimacy, sexuality, addiction, or abuse. He became very competent and skilled in helping these particular clients.

I could not recommend anyone more qualified and prepared for work in this field than Dr. Ed Sheldon. If you have any further questions or wish more information, please contact me at the above address.


Fred J. Goldstein, Ph.D.
Clinical Psychologist