

KATHLEEN CHEEK

Certified Rolfer, RCST



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January 27, 2005

TO: DEPARTMENT OF HYPNOSIS LICENSING
STATE OF ISRAEL
c/o Edward Sheldon, Ph.D.
P.O. Box 2061
Yishuv Hashmoniam
drsheldon@lovingheart.org
08-976-1056

RE: Edward Sheldon, Ph.D.

Dear Licensing Board:

I am writing this letter in support of Dr. Sheldon's request for supervisory status/licensing to practice hypnosis in the State of Israel.

Dr. Sheldon contacted me to request a letter of recommendation on behalf of my father, David Bradley Cheek, M.D., who was one of the pioneers in the field of clinical (medical) hypnosis in the U.S., and who had a close relationship with Dr. Sheldon for a number of years. Unfortunately, my father died in 1996, and so I am writing in his stead, basing my information on documents supplied to me and on my own personal recollections.

I understand that my father was Dr. Sheldon's Ph.D. thesis advisor, and I remember that he and my father spent considerable time together in the early 1980's. I met Dr. Sheldon several times at my father's home, and remember with gratitude that he was present at the time of my mother's passing in December 1984.

Enclosed is a facsimile of a letter my father wrote to Dr. Sheldon on May 25, 1984. (The last sentence of the first paragraph was redacted by Dr. Sheldon before forwarding it to me, in order to preserve confidentiality.) In the letter it is clear that my father thought so highly of Dr. Sheldon's work that he referred my mother to him for hypnotherapy and psychotherapy following her diagnosis of recurring cancer.

I want to thank you again for the tremendous job of love and dedication you did for both June and me Wednesday, Thursday and (yes) Friday. . . . [1st paragraph, DBC letter].

Please remember 15 hours of psychotherapy [hypnotherapy]: May 16-17-18-19, 1984, Diagnosis: Acute anxiety and reactive depression over recurrent cancer of ovary (June Cheek). [7th paragraph, DBC letter].

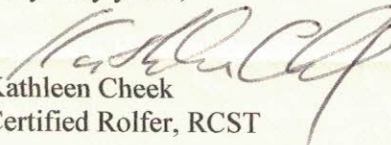
In paragraphs 4 and 5, my father discusses various items of interest regarding hypnosis, imprinting, birth memory, etc.

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It is clear to me from this that my father would have written a letter of recommendation to you were he alive today.

I therefore respectfully request that you grant Dr. Sheldon's application.

Very truly yours,


Kathleen Cheek
Certified Rolfer, RCST

Enclosures: 1 Letter dated May 24, 1984, from David B. Cheek, M.D., to Ed Sheldon [redacted]
2 Partial curriculum vitae of David B. Cheek, M.D. [info. available through 1977]

Curriculum Vitae (Incomplete)
Compiled by Kathleen Cheek from various DBC writings 1973 & 1977

DAVID BRADLEY CHEEK, M.D. (1912 - 1996)
Diplomate, American Board of Obstetrics and Gynecology
Fellow, American College of Surgeons
Fellow, American College of Obstetricians and Gynecologists
Fellow, American Society of Clinical Hypnosis

EDUCATION

1934	A.B. (cum laude), Harvard University
1942	M.D., University of California in San Francisco
1941-1942	Internship, Obstetrics & Gynecology, Johns Hopkins Hospital
1942-1943	Fellowship, Pathology, Johns Hopkins Hospital
1943-1944	Assistant Resident, Gynecology
1944-1945	Chief Resident, Gynecology, Johns Hopkins Hospital

PRIVATE PRACTICE

1946-1996	Private Practice in Chico, San Francisco, and Santa Barbara, California
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ORGANIZATIONS, HONORS

Diplomate	American Board of Obstetrics & Gynecology
Fellow	American College of Surgeons
Fellow	American College of Obstetricians and Gynecologists
Honorary Fellow	Pacific Fertility Society
Member	San Francisco County Medical Society
Member	California Medical Association
Member	American Medical Association
Member	American Society of Clinical Hypnosis; Past President, 1965
Member	San Francisco Society of Clinical Hypnosis; Past president, 1959
Member	International Society of Hypnosis
Citation of Excellence, The American Society of Clinical Hypnosis, 1970	
Distinguished Lifetime Service Award, California School of Professional Psychology, Fresno, CA, 1985	

PUBLICATIONS

Co-Author, with L.M. LeCron: Clinical Hypnotherapy (Grune and Stratton, 1968)

Co-Author, with E.L. Rossi: Mind-Body Therapy: Methods of Ideodynamic Healing in Hypnosis (W.W. Norton & Co., 1988; ISBN 0-393-70052-6)

Author: Hypnosis: The Application of Ideomotor Techniques (Allyn & Bacon, 1994; ISBN 0-205-15595-2)

Author of 42 professional papers on uses of hypnosis in medicine and surgery*

Contributed chapters to six books about hypnosis*

* Taken from biographical information, Hypnosis: The Application of Ideomotor Techniques, pg. vii.

Partial Curriculum Vitae of David B. Cheek, M.D. (Continued)**INSTRUCTOR, GUEST LECTURER** (partial list; information available only through 1973)

1955-1957 Instructor, Gynecology, University of California Medical School, San Francisco, CA
 1956-1970 Panel member, "Hypnosis Symposiums", with L.M. LeCron

1959 (Feb.) Menninger Foundation and Veterans Hospital, Topeka, Kansas
 1959 (Sept.) Montana Medical Association Convention; and Pacific Dermatological Ass'n Convention
 1959 (Oct.) University of North Carolina, *Department of Obstetrics & Gynecology*
 1961 (June) Academy, General Practice, Montana
 1964 (April) University of California Medical School, San Francisco
 1964-1965 U.S. Naval Hospital, Oak Knoll, *Department of Gynecology*
 1966 (July) State University of New York at Oswego
 1967 (Feb.) University of Virginia, *Department of Psychiatry*
 1968 (June) Montana Academy of General Practice
 1969 (Nov.) University of Jamaica, *Department of Psychiatry*
 1970 (Feb.) Veterans Hospital, Topeka and Menninger Foundation
 1970 (Feb.) Washburn College, Topeka
 1970 (April) Brooke General Hospital, San Antonio, Texas, *Department of Ob-Gyn*
 1970 (June) University of Utah Medical School, *Department of Psychiatry*
 1970 (Oct.) University of Minnesota, *Department of Psychology*
 1971 (April) Creighton University Medical School, *Department of Psychiatry*
 1971 (April) University of Arizona, *Department of Psychology*
 1972 (Jan.) Memorial Hospital Annual Medical Workshop (Gardena, California)
 1972 (Feb.) University of Utah Medical School, *Department of Anesthesiology*
 1972 (June) Napa State Hospital, Imola, California
 1973 (Feb.) University of Utah Medical School, *Department of Anesthesiology*
 1973 (April) Creighton University Medical School, *Department of Psychiatry*

DAVID B. CHEEK, M.D., INC.
2000 VAN NESS AVENUE
SAN FRANCISCO 94109
TELEPHONE 474-6170

*P.S. Got new York
& alerts 501 May 24 !!*

May 25, 1984

Dear Ed:

I want to thank you again for the tremendous job of love and dedication you did for both June and me Wednesday, Thursday and (you) Friday.

She has been promising to write to you but has felt so exhausted that she has not done it. We have been waiting to hear whether or not the new diagnosis of mesothelioma rather than ovarian cancer will lead to further chemotherapy or total medical give-up-itis.

Your book on Macrobiotic Diet makes a lot of sense. She has been reading it as have I- so what was an initial shock will, I think, yield fruit in changing old bad habits of eating and fluid intake.

I went over with June Saturday the 24th and got my tape on Birth Imprinting into the mail for you. Keep it if you think it has any merit or I will trade it for a new copy made by Palmer Studios here. They could not promise it to me until late next week so I sent what I had- the copy made directly from my film at the University of British Columbia.

Some time during this next week I shall write up a brief handout on obstetrical uses of hypnosis if you have not already done so yourself on the basis of what you already know. Unconscious fear and the unconscious readiness for pain, plus apprehension garnered from unfortunate friends and relatives are largely responsible for complications of labor and late pregnancy that hamper pre and perinatal bonding. The pyramiding of fears in the hospital are, I believe, largely responsible for the high Caesarean Section rates all over the country. Hospitals, nurses and doctors are running so scared about malpractice suits in case something goes wrong that they are projecting their fears to the obstetrical patient and her spouse-or relevant other.

Best regards, Ed. I know we cannot make it down there until at least the end of June again. If things go badly now I may try to make a final appeal to the Jankers Clinic in Bonn, Germany where they are way ahead of what we are doing over here chemically.

Please remember 15 hours of psychotherapy: May 16-17-18-19, 1984
Diagnosis: Acute anxiety and reactive depression over recurrent cancer of ovary (June Cheek).

Sincerely yours,

David
David B. Cheek, M.D. 56 Avila, S.F., CA 94123